

Vision Boards for Business Success

Dream, Believe, Achieve



Course Book

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Sample

Introduction

Have you ever wished you could achieve your goals faster and easier? Do you want more clarity about exactly where you're heading?

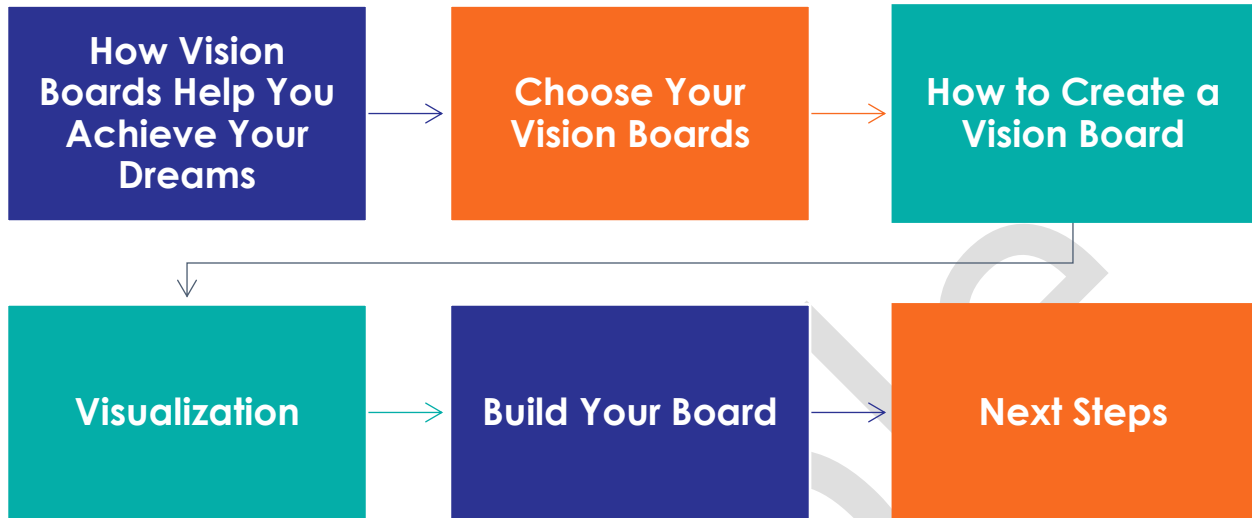
Vision boards are a powerful way to help you accomplish your goals. They don't replace the drive and energy that motivates you to go for what you want; you still need take the actions. But they will help you focus on a clear direction and get you there quicker through the intention of your mind. And where you put your positive mental energy, you'll receive positive outcomes.

Just like the world's most influential thought leaders such as Oprah, Deepak Chopra, or Ellen DeGeneres, entrepreneurs and small business owners can benefit from vision boards. You decide which aspect of your life or business you want to target, whether it's wealth, health, lifestyle, or relationships. Anybody can use a vision board to create a life of greater happiness, value, and satisfaction and achieve their personal definition of success.

When you're in business, you're used to setting goals and reaching targets. Vision boards go a step further. They take you out of the routine, day-to-day action planning and into a space where creativity and inspiration enhance your progress.

This course will help you gain powerful clarity around the life you want to live and the aspirations you want to realize. You'll learn the active steps to take to create your own vision boards and how to use the technique of visualization to energize your goals. By the end of the course, you'll be on the path to achieving your dreams faster than you thought possible.

Here is your roadmap through the course:



Learning Objectives:

By the time you complete this course, you'll be able to:

- Recognize how creating a vision board will help you make your dreams a reality so that you can use it as an inspirational tool for any area of your life
- Identify the aspects of your business/life where you need to make the greatest changes so that you can focus on these when creating your vision boards
- Practice the powerful technique of visualization so that you can use it to generate positive outcomes in everyday situations
- Create and display a vision board for your first priority theme to refer to regularly so that you create the neural pathways needed to bring your vision to life
- Consolidate and implement your learning and plan future action steps so you can achieve the goals you set for this course

This course is broken down into 4 major modules and individual lessons to take you step-by-step through the process of creating your own powerful vision boards to make your dreams come true.

The modules follow a logical order, so while you can skip around if you want, it's best to work through them one at a time.

As you go through each module, use your Action Guide to help you complete the Action Steps at the end of each.

Expectations

Before we start the course, take a minute to think about what you want to get out of it.

In the Action Guide, write down three skills you expect to gain.

Now that you're clear about what you want this course to deliver, we can get started.

Module 1 – How Vision Boards Help You Achieve Your Dreams

Jack Canfield, author of *Chicken Soup for the Soul* and *The Success Principles* and a great advocate of vision boards, says:

"You have the capacity to accomplish any goal you can imagine. If you can visualize a goal for yourself, you have the inherent ability to make that dream a reality."

Vision boards are powerful tools to help you manifest your dreams. They're not to be confused with the mood boards you'd put together for your decorator. Neither are they some crazy 'new age' fantasy.

Vision boards imprint an outcome on the brain which, with mindful attention, can become reality. They're a proven aspect of your brain's ability to create. In crafting them, you're tapping into the power within your own mind.

Once you set a direction and focus on that goal, your subconscious will go on trying to reach that outcome while you get on doing something else. As you connect to the images on your vision board, your brain becomes primed to spot and grasp opportunities that may otherwise go unnoticed. This will lead you to take actions that help you achieve your dreams.

The traditional way to make a vision board is to find images and motivating text and paste them to a back board. There are now digital possibilities which we'll explore later, but the 'manual version' works better for most people than computer generated ones. The physical action of cutting or tearing images and using glue to stick them down reinforces the impact on your brain and therefore the positive outcome of your vision board.

VISION BOARDS FOR BUSINESS SUCCESS

If you're uncertain what a vision board looks like, here are a couple examples:



<https://www.aimtobecoaching.com/>

Your Company Name

<http://www.YourWebsiteHere.com>

ATTENTION:

This is only an excerpt from our full course **Vision Boards for Business Success**. The full, customizable course contains 4 major modules and Action Steps.

When you purchase a license for the course, you'll receive the editable files for the Course Book, Action Guide, graphics, social posts, and other resources.

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